

# Developmental Theories in Action: Clinical Worksheet

Client

name:

## EVENTS:

Significant Historical and Current Stressors:

Relevant Issues of Race, Ethnicity, or Culture:

## BIOLOGICAL FACTORS:

Cognitive/Sensory/Motor Skills:

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## SYMPTOMS:

## COPING SKILLS:

Defense Mechanisms:

Strengths and Virtues:

ATTACHMENT  
STYLE:

## DEVELOPMENTAL STAGES:

Piaget:

Erikson:

Kohlberg:

PARENTING STYLE(s):

Other Relevant Factors:

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